



Canadian **VIGOUR** Centre  
Bridging Hearts and Minds



# Late-breaking Heart Failure Trials 2.0

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ZoomDay 2020

# Disclosures / COI / RWI / RWA

- Available online: [thecvc.ca](http://thecvc.ca)
- VICTORIA: Executive Committee



# ACC 2020

- VICTORIA Primary
- DAPA-HF NT-proBNP
- GALACTIC Baseline







**Shelley**



**Stephanie**



**Jonathan**



**Nadia**



**Michael**



**Chris**



**Mona**



**Serge**



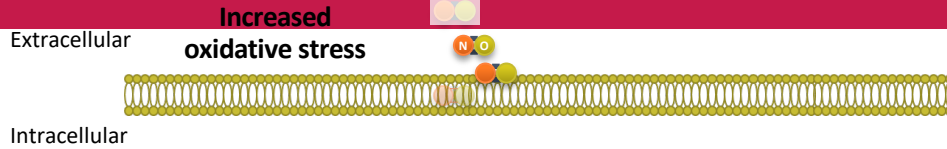
**Sean**



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# VICTORIA (sGC)

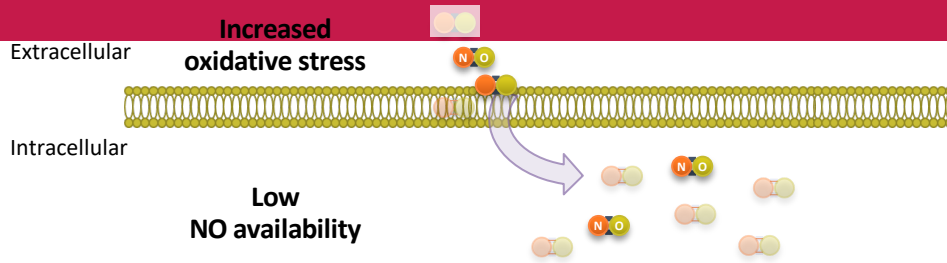
# Soluble Guanylate Cyclase (sGC)



cGMP=cyclic guanosine monophosphate; HF=heart failure; NO=nitric oxide; PDE5=phosphodiesterase 5; RAAS=renin-angiotensin-aldosterone system; sGC=soluble guanylate cyclase; SNS=sympathetic nervous system.

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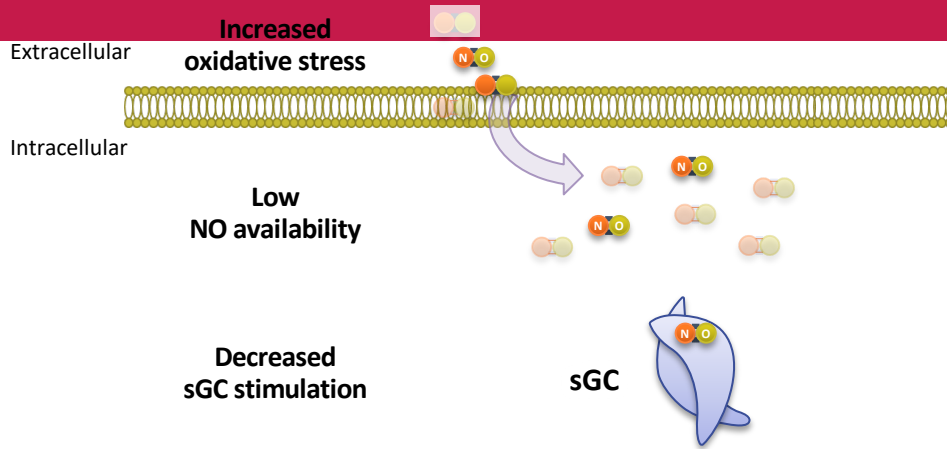
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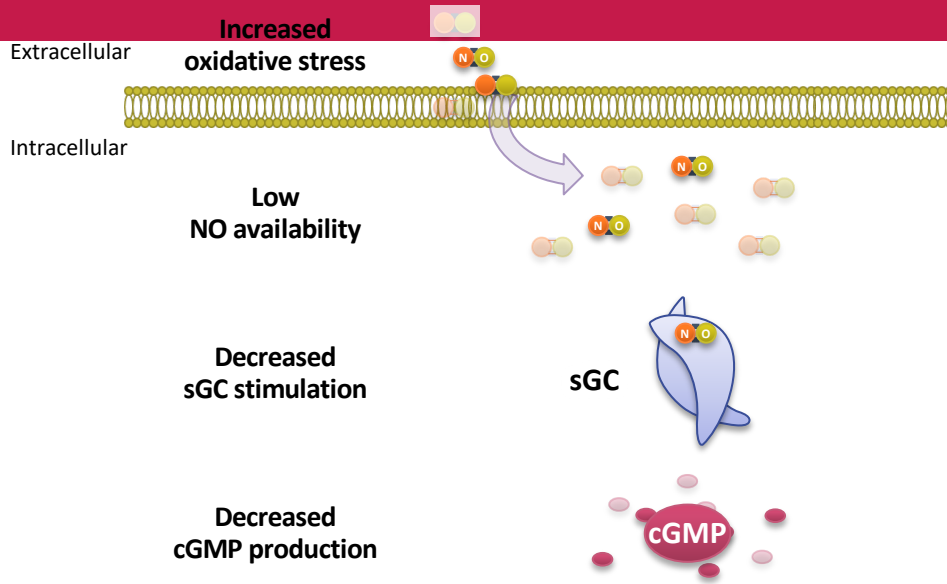
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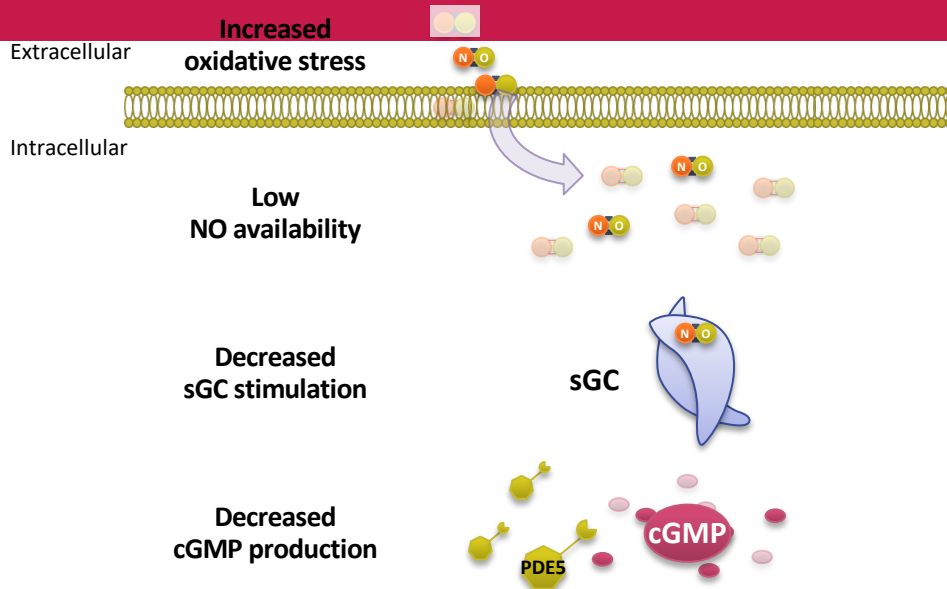
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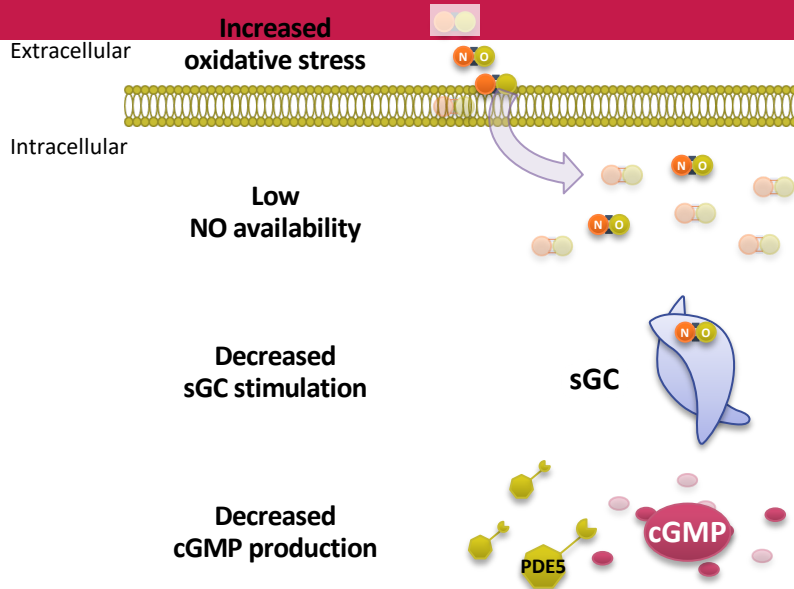
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# Soluble Guanylate Cyclase (sGC)



## Clinical Effects of an Impaired sGC-cGMP Pathway

- Progressive myocardial dysfunction
- Adverse left-ventricular remodeling
- Vascular dysfunction
- Increased fibrosis
- Increased inflammation



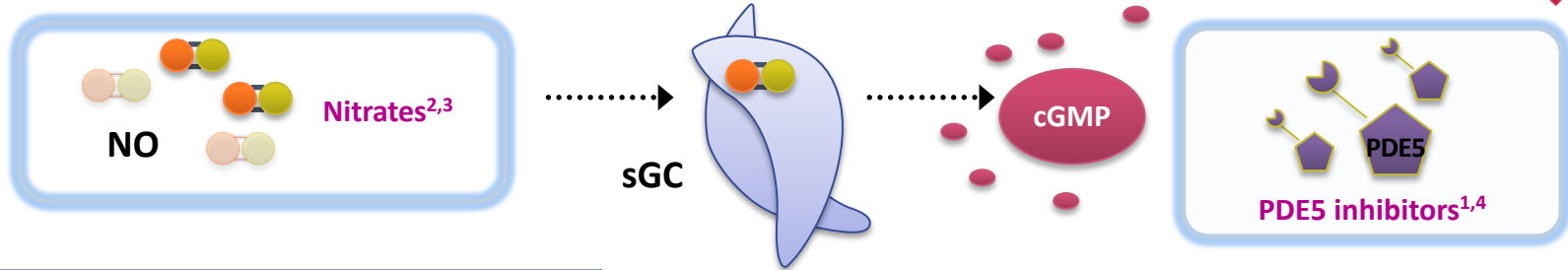
Oxidative stress and the resulting deficiency in NO can lead to insufficient stimulation of the sGC, decreased production of cGMP, and subsequent cardiovascular dysfunction and HF<sup>1,3</sup>



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# sGC not targeted by current Rx



<b>MOA</b>	Upstream of sGC-cGMP <sup>2</sup>
<b>Benefit</b>	Improved LV function and exercise capacity in combination with hydralazine <sup>2</sup>
<b>Challenge</b>	<ul style="list-style-type: none"> <li>• Development of tolerance<sup>3</sup></li> <li>• Confirmatory data lacking</li> </ul>

<b>MOA</b>	Downstream of sGC-cGMP <sup>4</sup>
<b>Benefit</b>	Mitigates myocardial remodeling <sup>4</sup>
<b>Challenge</b>	PDE5 is dependent on NO-sGC activity and cGMP production—often impaired in HF <sup>1</sup>

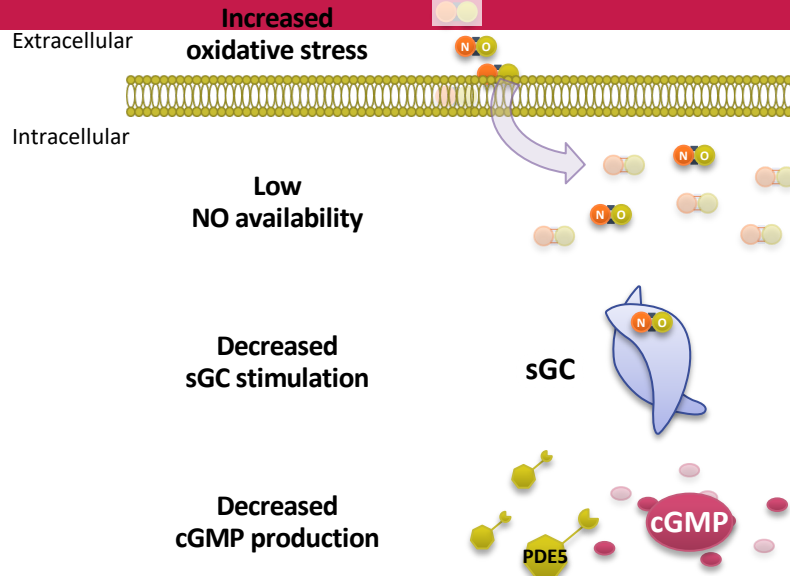
**The impact of nitrates and PDE5 inhibitors is limited, and they do not directly stimulate sGC**



cGMP=cyclic guanosine monophosphate; HF=heart failure; LV=left ventricular; MOA=mechanism of action; NO=nitric oxide; PDE5=phosphodiesterase type 5; sGC=soluble guanylate cyclase.

1. Breitenstein S et al. *Handb Exp Pharmacol.* 2017;243:225-247. 2. Münzel T et al. *Circulation.* 2011;123(19):2132-2144. 3. Watanabe H et al. *J Am Coll Cardiol.* 1998;32(5):1194-1200. 4. Michalak M et al. *Circ Heart Fail.* 2018;11(3):e004813.

# sGC and HF: vericiguat



## Clinical Effects of an Impaired sGC-cGMP Pathway

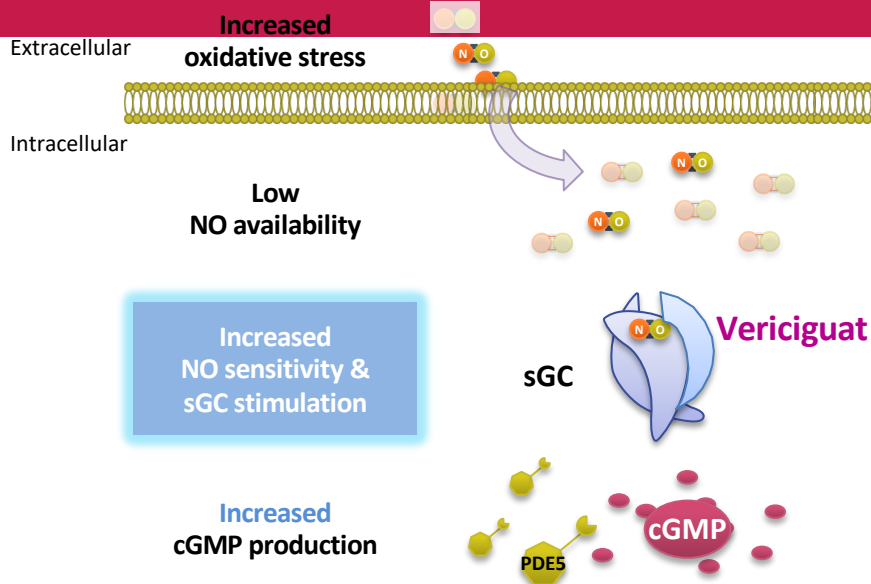
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# sGC and HF: vericiguat



## Clinical Effects of Vericiguat on an Impaired sGC-cGMP Pathway

- Improved myocardial function
- Reduced left-ventricular remodeling
- Improved vascular function
- Decreased fibrosis
- Decreased inflammation



Vericiguat directly and selectively stimulates sGC to increase cGMP production even under low-NO conditions in HF<sup>4</sup>



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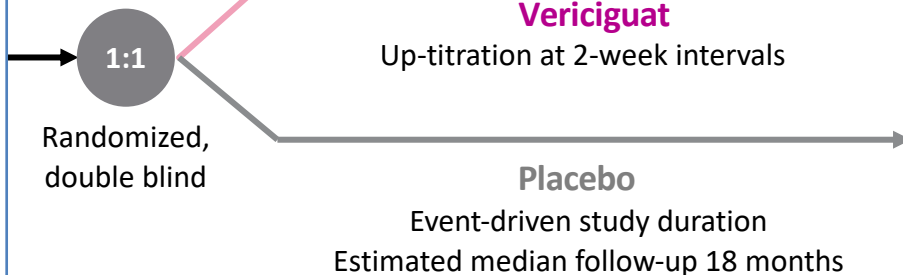
# VICTORIA

## ACC March 2020

N=4872

Worsening chronic HFrEF population:

- EF <45%
- NYHA II-IV
- Prior HF hospitalization or outpatient IV diuretic for HF
- Elevated natriuretic peptides
- SBP  $\geq 100$  mmHg
- eGFR  $\geq 15$  mL/min/1.73 m<sup>2</sup>



**Primary endpoint:** Composite of CV death or hospitalization for HF

**Secondary endpoints:**

- Time to CV death
- Time to first and subsequent HF hospitalizations
- Time to composite all-cause mortality or HF hospitalization
- Time to all-cause mortality
- Safety and tolerability

**Exploratory endpoints:**

- Time to first occurrence of composite HF hospitalization or urgent HF visits; first CV hospitalization
- Number of HF hospitalizations
- Change in QoL (KCCQ and EQ-5D)



CV=cardiovascular; EF=ejection fraction; eGFR=estimated glomerular filtration rate; EQ-5D=EuroQol 5-dimension; HF=heart failure; HFrEF=heart failure with reduced ejection fraction; IV=intravenous; KCCQ=Kansas City Cardiomyopathy Questionnaire; NYHA=New York Heart Association; QD=once daily; QoL=quality of life; SBP=systolic blood pressure.

1. Armstrong PW et al. *JACC Heart Fail.* 2018;6(2):96-104. 2. Clinicaltrials.gov. NCT02861534. Accessed April 9, 2019.

# VICTORIA: Inclusion Criteria

## **“Chronic HF”**

- NYHA class II–IV
- LVEF < 45%
- Guideline based HF therapies
- eGFR > 15

*after*

## **“Worsening event”**

- Recent HFH or IV diuretic use
- With very elevated natriuretic peptides (BNP or NT-proBNP)  
BNP  $\geq$  300 & pro-BNP  $\geq$  1000 pg/ml NSR  
BNP  $\geq$  500 & pro-BNP  $\geq$  1600pg/ml AF

*Patients may have been randomized as an inpatient or outpatient but must have met criteria for clinical stability (e.g., SBP  $\geq$  100 mmHg, off IV treatments  $\geq$  24 hours)*

*No run-in*

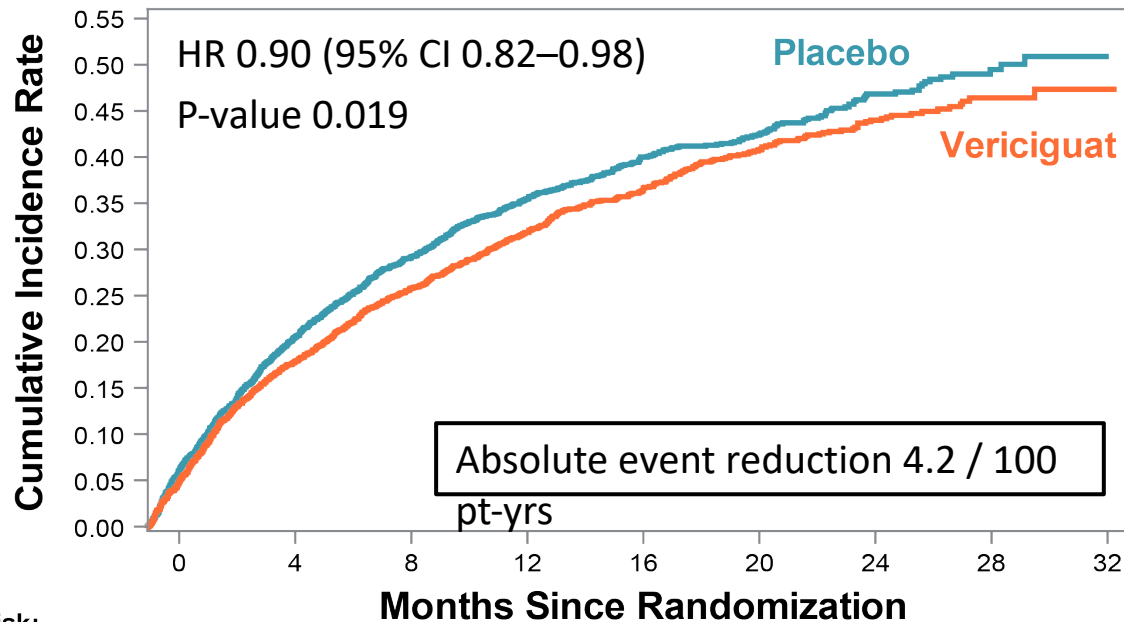


# VICTORIA: Baseline Characteristics

	Vericiguat (N=2526)	Placebo (N=2524)
Age mean (SD)	67.5 (12.2)	67.2 (12.2)
Female sex	605 (24.0%)	603 (23.9%)
Index event at Randomization		
HF hospitalization < 3 mos	1673 (66.2%)	1705 (67.6%)
HF hospitalization 3 to 6 mos	454 (18.0%)	417 (16.5%)
IV diuretic for HF < 3 mos (no hospitalization)	399 (15.8%)	402 (15.9%)
EF % (SD)	29.0 (8.3)	28.8 (8.3)
NYHA class III–IV baseline,	1045 (41.4%)	1024 (40.6%)
NT-proBNP Median (25 <sup>th</sup> – 75 <sup>th</sup> ) pg/mL	2804 (1572- 5380)	2821(1548 – 5206)
Triple guide-based therapy *	1480 (58.7%)	1529 (60.7%)
ICD, BV pacemaker (or both) *	813 (32.2%)	802 (31.8%)

\* For vericiguat / placebo %'s are of n's 2521 & 2519

# Primary Endpoint: CVD/HFH



Number at Risk:

Vericiguat

Placebo

2526

2099

1621

1154

826

577

348

125

1

2524

2053

1555

1097

772

559

324

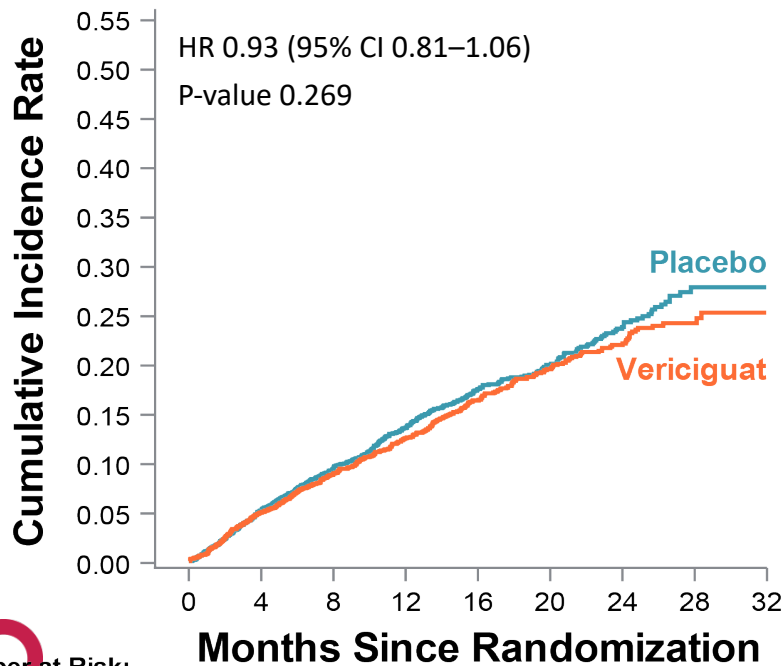
110

0



# Secondary Endpoints

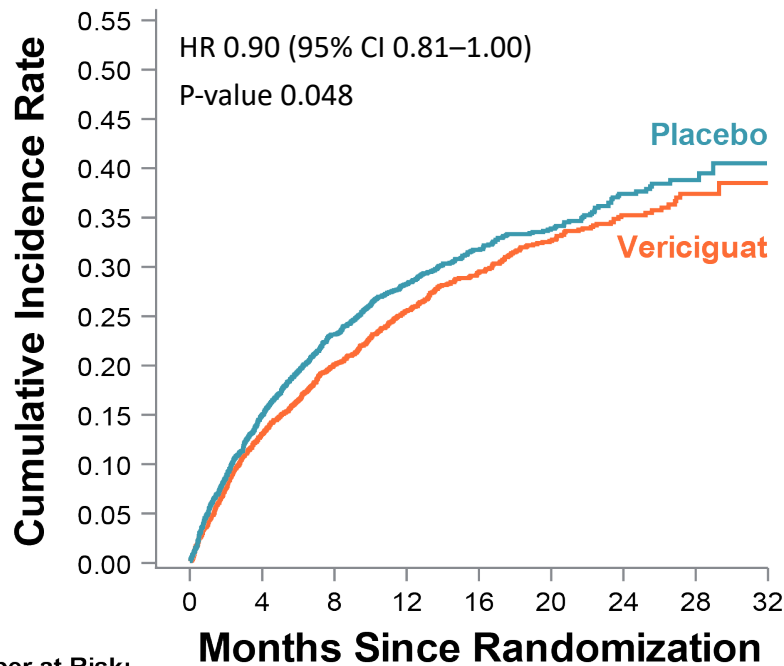
## CVD



Number at Risk:

Vericiguat	2526	2376	1968	1468	1070	779	487	185	1
Placebo	2524	2370	1951	1439	1045	768	471	157	0

## First HF Hospitalization



Number at Risk:

Vericiguat	2526	2098	1620	1153	825	577	348	125	1
Placebo	2524	2052	1554	1096	771	558	323	110	0

# Safety & Tolerability

- Symptomatic hypotension + syncope more common w/ vericiguat
- More anemia developed with vericiguat (7.6%) than placebo (5.7%)
- SAE were similar: vericiguat (32.8%), placebo (34.8%)
- **No effects of vericiguat on either electrolytes or renal function**
- At 12 months, 10 mg target dose achieved: vericiguat (89.2%), placebo (91.4%)



# VICTORIA Summary

- Vericiguat was significantly more effective than placebo in reducing:
  - The composite endpoint of CV death or HF hospitalization (primary endpoint)
  - HF hospitalization (first and recurrent)
- There was directionally aligned reduction in CV death
- No significant change in all-cause mortality
- Vericiguat generally safe and well tolerated
- There was excellent guideline-based HF therapy and patient follow-up



# VICTORIA in Context

	PARADIGM-HF		DAPA HF		VICTORIA	
	Comparator	Sacubitril/ Valsartan	Comparator	Dapagliflozin	Comparator	Vericiguat
<b>Primary Endpoint*</b>	13.2	10.5	15.6	11.6	37.8	33.6
<b>Absolute Rate Reduction</b>	<b>2.7</b>		<b>4.0</b>		<b>4.2</b>	
<b>CV Death*</b>	7.5	6.0	7.9	6.5	13.9	12.9
<b>Absolute Rate Reduction</b>	<b>1.5</b>		<b>1.4</b>		<b>1.0</b>	
<b>First HF Hospitalization*</b>	NA	NA	9.8	6.9	29.1	25.9
<b>Absolute Rate Reduction</b>	<b>1.6</b>		<b>2.9</b>		<b>3.2</b>	



\*Rates expressed / 100 patient years

Butler et al. *Circulation*



Omeamtiv  
mecarbil  
GALACTIC-HF

# Omecamtiv mecarbil

- Mitotropes vs. Calcitropes vs. Myotropes
- OME:
  - Direct cardiac myosin activator
  - duration of systole by overall # of active cross-bridges
  - stroke volume
  - No increase in MVO<sub>2</sub> observed

## Cardiac Calcitropes, Myotropes, and Mitotropes

JACC Review Topic of the Week

Mitchell A. Psotka, MD, PhD,<sup>a</sup> Stephen S. Gottlieb, MD,<sup>b</sup> Gary S. Francis, MD,<sup>c</sup> Larry A. Allen, MD, MHS,<sup>d</sup> John R. Teerlink, MD,<sup>e</sup> Kirkwood F. Adams, Jr, MD,<sup>f</sup> Giuseppe M.C. Rosano, MD, PhD,<sup>g</sup> Patrizio Lancellotti, MD, PhD<sup>h</sup>



# Myo / Mitotropes are where its at

**TABLE 1** Currently Available and Developmental Direct Inotropic Agents

Pharmacological Agent	Mechanism	dP/dt	Hemodynamic Effects	Patient Outcomes
<b>Cardiac calcitropes</b>				
Dobutamine	Catecholamine: $\beta$ -adrenergic receptor $\rightarrow$ cAMP $\rightarrow$ $\uparrow$ Ca <sup>2+</sup>	$\uparrow$	$\uparrow$ Cardiac output	$\uparrow$ Mortality
Dopamine	Catecholamine: $\beta$ -adrenergic receptor $\rightarrow$ cAMP $\rightarrow$ $\uparrow$ Ca <sup>2+</sup>	$\uparrow$	$\uparrow$ Cardiac output	$\uparrow$ Mortality
Epinephrine	Catecholamine: $\beta$ -adrenergic receptor $\rightarrow$ cAMP $\rightarrow$ $\uparrow$ Ca <sup>2+</sup>	$\uparrow$	$\uparrow$ Cardiac output	$\uparrow$ Mortality
Milrinone	Phosphodiesterase-3 inhibitor: cAMP $\rightarrow$ $\uparrow$ Ca <sup>2+</sup>	$\uparrow$	$\uparrow$ Cardiac output	$\uparrow$ Mortality
Levosimendan	Phosphodiesterase-3 inhibitor (and calcium sensitizer): $\downarrow$ Troponin and tropomyosin inhibition; cAMP $\rightarrow$ $\uparrow$ Ca <sup>2+</sup>	$\uparrow$	$\uparrow$ Cardiac output	? $\uparrow$ Mortality
Cardiac glycosides	Na <sup>+</sup> -K <sup>+</sup> ATPase inhibitor: $\downarrow$ NCX Ca <sup>2+</sup> extrusion $\rightarrow$ $\uparrow$ Ca <sup>2+</sup>	$\uparrow$	$\leftrightarrow$ Cardiac output	? $\leftrightarrow$ Mortality $\downarrow$ Hospitalizations
Istaroxime	Na <sup>+</sup> -K <sup>+</sup> ATPase Inhibitor & SERCA2a Activator: $\downarrow$ Ca <sup>2+</sup> extrusion $\rightarrow$ $\uparrow$ Ca <sup>2+</sup> , $\uparrow$ SERCA2a $\rightarrow$ $\uparrow$ Ca <sup>2+</sup> in SR	$\uparrow$	$\uparrow$ Cardiac output	?
<b>Cardiac myotropes</b>				
Omecamtiv mecarbil	Direct myosin activator $\uparrow$ Myosin participation in systole	$\leftrightarrow$	$\uparrow$ Cardiac output	?
<b>Cardiac mitotropes</b>				
Perhexiline	Carnitine palmitoyl transferase inhibitor: $\downarrow$ Mitochondrial fatty acids $\rightarrow$ $\uparrow$ Glucose metabolism	$\leftrightarrow$	$\uparrow$ Cardiac output	?
Trimetazidine	Thiolase I inhibitor: $\downarrow$ Fatty acid oxidation $\rightarrow$ $\uparrow$ Glucose metabolism	$\uparrow$	$\uparrow$ Cardiac Output	?
Elamipretide	Cardiolipin stabilizer $\uparrow$ Adenosine triphosphate synthesis	?	?	?

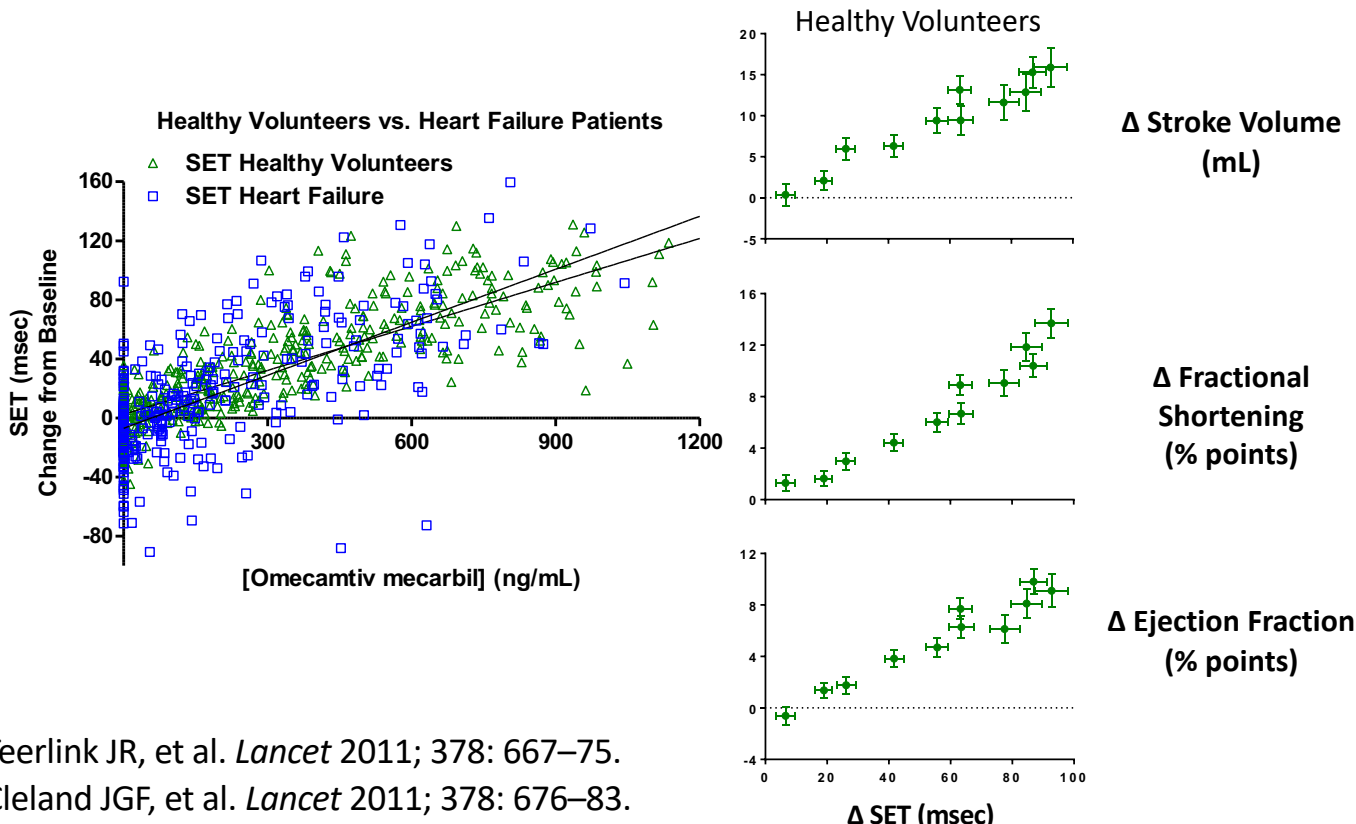
Calcitropes = bad

Myotropes = maybe

Mitotropes = maybe

$\uparrow$  = increase;  $\downarrow$  = decrease;  $\leftrightarrow$  = no change; ? = unknown or possible; ATPase = adenosine triphosphatase; Ca<sup>2+</sup> = calcium ion; cAMP = cyclic adenosine monophosphate; K = potassium; Na = sodium; NCX = sodium ion/calcium ion exchanger; SERCA2a = sarcoplasmic/endoplasmic reticulum calcium ATPase; SR = sarcoplasmic reticulum.

# Omecamtiv mecarbil



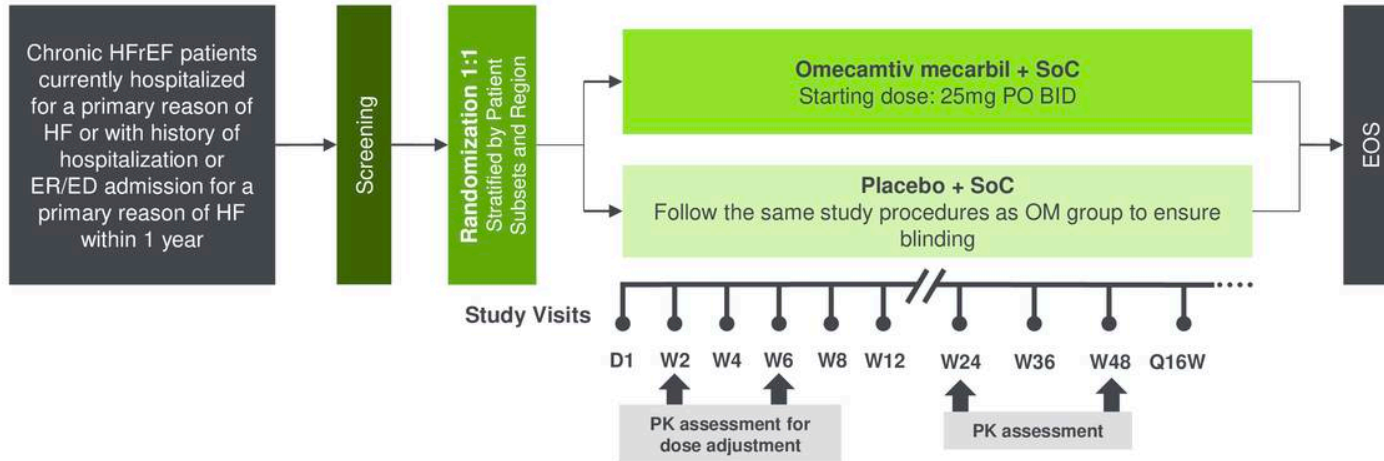
Teerlink JR, et al. *Lancet* 2011; 378: 667–75.  
Cleland JGF, et al. *Lancet* 2011; 378: 676–83.



# GALACTIC-HF

- ~8000 patients randomized 1:1 to *omecamtiv mecarbil* versus placebo, stratified by inpatient versus outpatient at randomization
- *Omeclamtiv mecarbil* started at 25 mg BID: PK-guided dose optimization to one of 3 target doses (25, 37.5, 50mg BID)
- Event-driven; patients will be followed indefinitely until CV death events have accumulated (90% powered for CV Mortality)

2 years enrollment, approx. 4 years total follow-up/study period



# GALACTIC Baseline

- 65 year old, 79% male
- EF 27%
- NT-proBNP 1998 pg/ml
- eGFR 59

	Overall (N=8,256)	Inpatient (N=2,083)	Outpatient (N=6,173)
Time from most recent HF hospitalization/ ED visit (months), median (Q1-Q3)	2 (1-5)	-	3 (2-6)
Region NA/LA/(WE,SA,OCE)/EE/Asia, %	17/ 19/ 23/ 33/ 8	9/ 16/ 23/ 44/ 9	20/ 20/ 23/ 29/ 8
Age (years), mean (SD)	65 (11)	65 (11)	64 (11)
Male, %	79	80	78
White, %	78	82	76
LVEF (%), mean (SD)	27 (6)	27 (6)	27 (6)
MAGGIC Score, mean (SD)	23 (6)	25 (6)	23 (6)
NYHA Class III/III/IV, %	53/ 44/ 3	37/ 57/ 6	59/ 39/ 2
NT-proBNP (pg/mL), median (Q1-Q3)	1998 (990-4078)	2509 (1240-5133)	1884 (923-3772)
hsTnl (ng/mL), median (Q3)	0.027 (0.051)	0.037 (0.068)	0.024 (0.046)
Ischemic Heart Disease Etiology, %	55	56	54
KCCQ Total Symptom Score, mean (SD)	66 (25)	53 (25)	71 (23)
Coronary Artery Disease, %	62	63	61
Peripheral Artery Disease, %	10	10	10
Stroke, %	9	9	9
Atrial Fibrillation or Flutter History, %	42	48	40
Hypertension, %	70	72	70
Type 2 Diabetes Mellitus, %	40	42	40
Chronic Kidney Disease, %	36	39	35
eGFR (mL/min/1.73m <sup>2</sup> ), median (Q1-Q3)	59 (44-74)	54 (41-70)	60 (45-75)
SBP (mmHg), mean (SD)	117 (15)	114 (14)	117 (16)
Heart rate (beats/min), mean (SD)	72 (12)	73 (12)	72 (12)
ACEi, ARB or ARNi, %	87	83	88
ARNi, %	19	16	21
BB, %	94	93	95
MRA, %	77	81	76
Diuretics other than MRAs, %	90	92	89
Digitalis Glycosides, %	17	17	17
CRT and/or ICD, %	34	31	35
SGLT2 Inhibitors, %	3	3	3
Ivabradine, %	6	7	6





SGLTi

# Differences in study designs

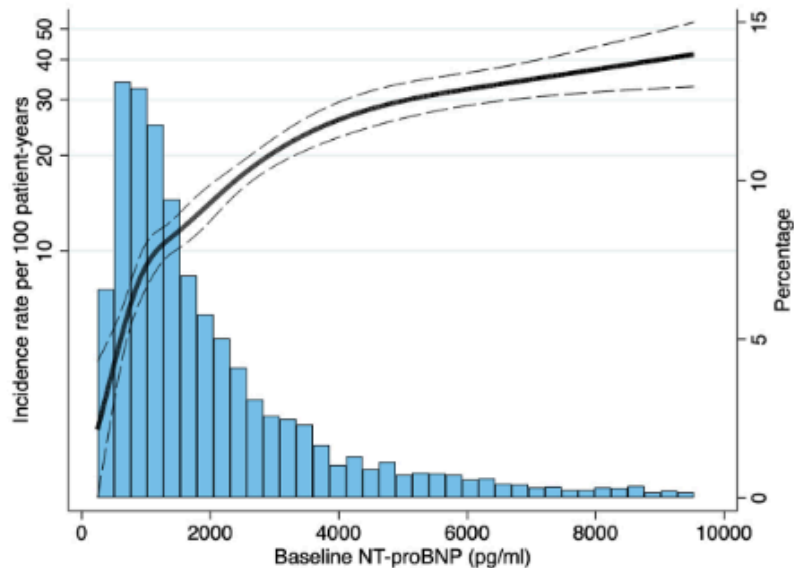
	DAPA-HF <sup>1</sup>	EMPEROR-Reduced <sup>2</sup>	SOLOIST-WHF
<b>Patient population</b>	<ul style="list-style-type: none"> <li>• Patients with NYHA class II-IV heart failure with Reduced EF (&lt;40%) and elevated NT-proBNP</li> <li>• eGFR ≥30 mL/min/1.73 m<sup>2</sup></li> <li>• Diabetes and no Diabetes</li> </ul>	<ul style="list-style-type: none"> <li>• Patients with NYHA class II-IV heart failure with Reduced EF (&lt;40%) and elevated NT-proBNP</li> <li>• eGFR ≥20 mL/min/1.73 m<sup>2</sup></li> <li>• Diabetes and no diabetes</li> </ul>	<ul style="list-style-type: none"> <li>• Patients with NYHA class II-IV heart failure with ANY EF and elevated NT-proBNP</li> <li>• eGFR ≥30 mL/min/1.73 m<sup>2</sup></li> <li>• Diabetes only</li> </ul>
<b>Sample size</b>	N=4500	N=2850	N=4000
<b>Study duration</b>	33 months	38 months	22 months
<b>Primary outcome</b>	Time to first occurrence of any component of the composite: <ul style="list-style-type: none"> <li>• CV death</li> <li>• or hHF</li> <li>• or an urgent HF visit</li> </ul>	Time to the first occurrence of any of the components of the composite: <ul style="list-style-type: none"> <li>• CV death</li> <li>• or hHF</li> </ul>	Time to the first occurrence of any of the components of the composite: <ul style="list-style-type: none"> <li>• CV death</li> <li>• or hHF</li> </ul>
<b>Secondary outcomes</b>	<ul style="list-style-type: none"> <li>• Time to first occurrence of hHF</li> <li>• Time to first occurrence of CVD</li> <li>• Total number of hHF and CVD</li> <li>• Change in KCCQ at 8 months</li> <li>• Time to the composite of ≥5% decline in eGFR, reaching ESRD or renal death</li> <li>• All-cause mortality</li> </ul>	<ul style="list-style-type: none"> <li>• Total number of hHF</li> <li>• eGFR slope change from baseline</li> <li>• Time to occurrence of sustained reduction of eGFR</li> <li>• Time to first hHF</li> <li>• Time to CVD</li> <li>• Time to all-cause mortality</li> <li>• Time to diabetes onset</li> <li>• Change in KCCQ at 12 months</li> <li>• Total all-cause hospitalisation</li> </ul>	<ul style="list-style-type: none"> <li>• Total number of hHF incl recurrent events</li> <li>• eGFR slope change from baseline</li> <li>• Time to occurrence of sustained reduction of eGFR</li> <li>• Time to first hHF</li> <li>• Time to CVD</li> <li>• Time to all-cause mortality</li> <li>• Change in KCCQ at 12 months</li> <li>• Total all-cause hospitalization</li> <li>• Above and EF&lt;50%</li> </ul>

ESC 2020

Cancelled

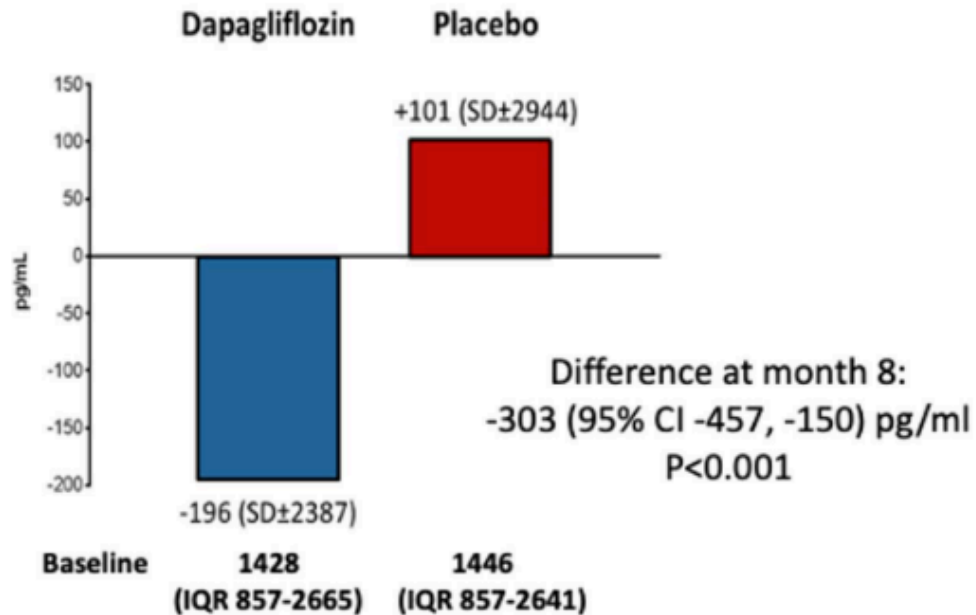
# DAPA-HF and NT-proBNP

FIGURE 1 – INCIDENCE OF PRIMARY ENDPOINT BY NT-PROBNP



Blue bars indicate distribution of baseline NT-proBNP (right hand side Y axis).

FIGURE 2 – EFFECT OF DAPAGLIFLOZIN ON NT-PROBNP AT 8 MONTHS



# IV Iron

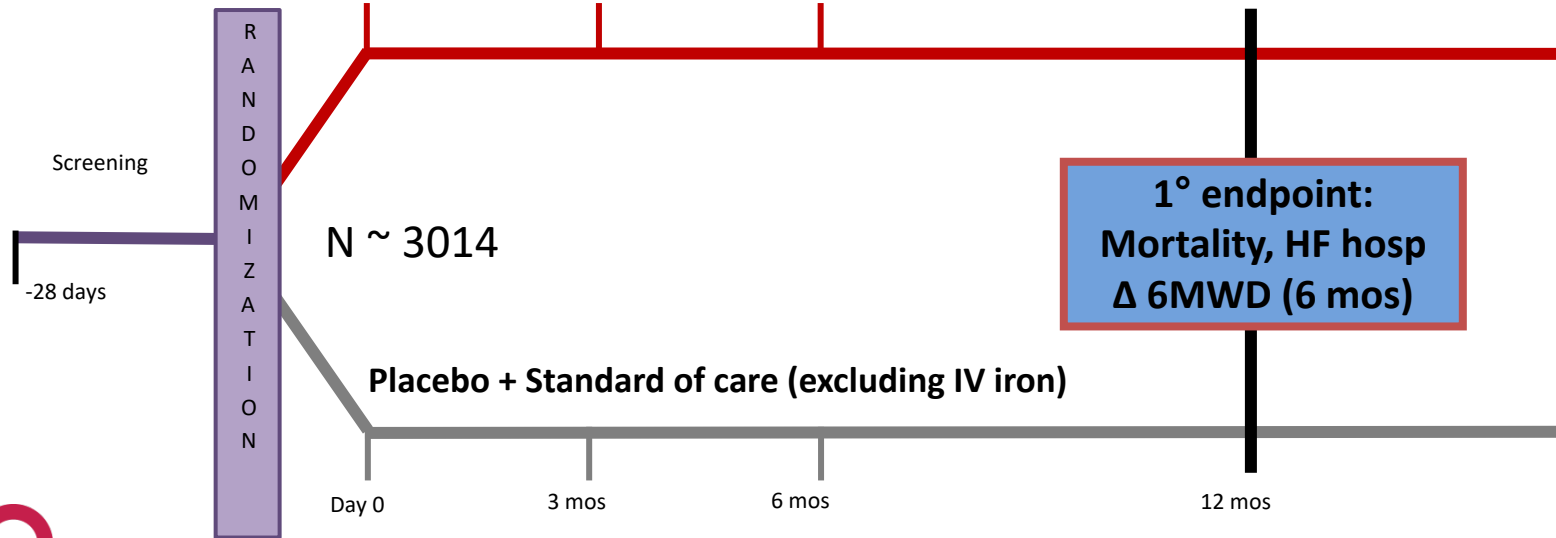


# HEART-FID

Patients with HFrEF, EF < 40%, iron deficiency (tsat < 20%, ferritin < 100)

## Ferric carboxymaltose

(Dosing at Day 0 and Day 7 then every 6 mos as applicable)



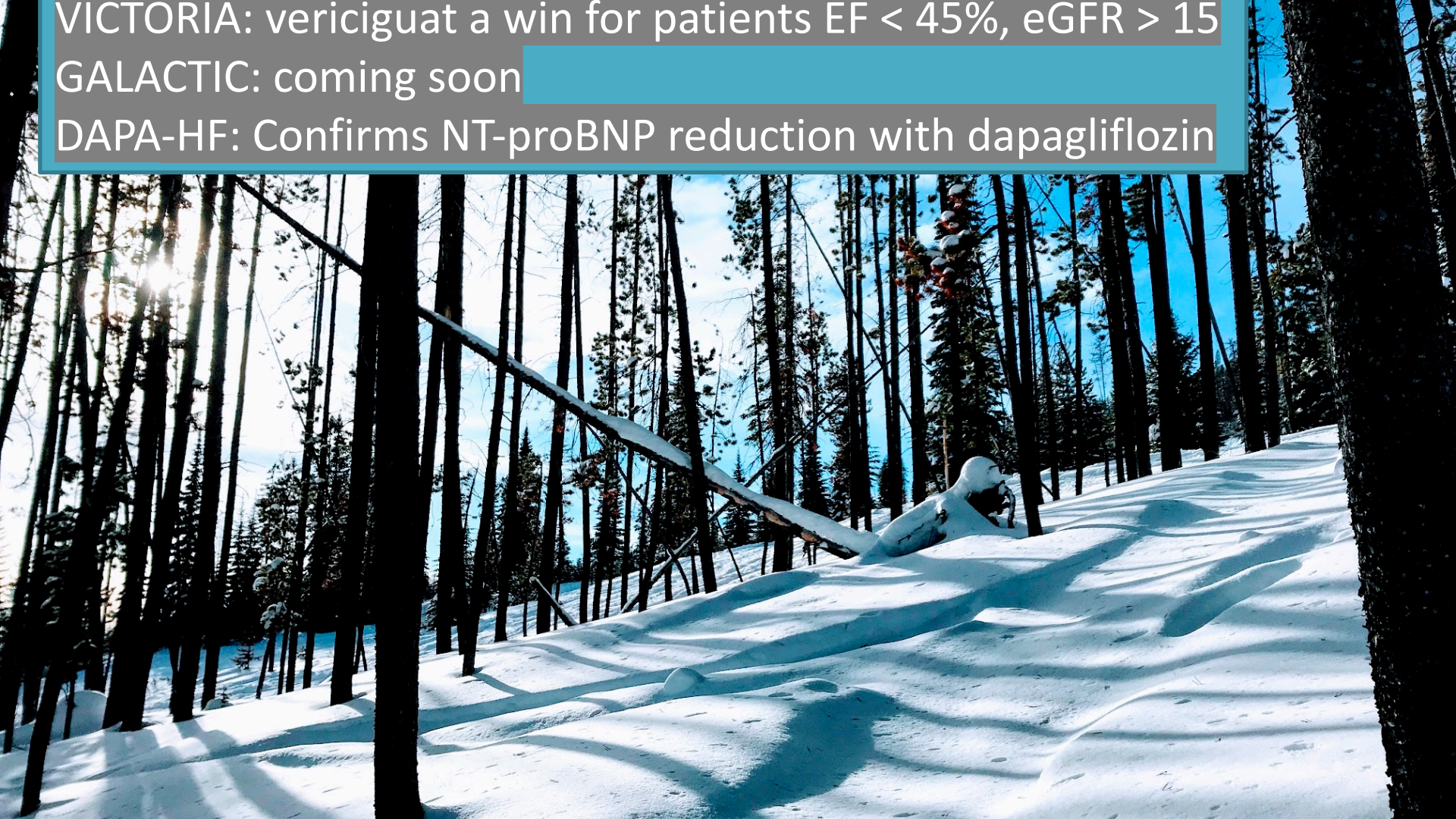
\*Canada sites




VICTORIA: vericiguat a win for patients EF < 45%, eGFR > 15

GALACTIC: coming soon

DAPA-HF: Confirms NT-proBNP reduction with dapagliflozin



An aerial photograph of a mountain landscape. The top half shows a valley with a dense forest of evergreen trees and a river or stream winding through it. The bottom half shows a rocky mountain slope with several large, irregular patches of snow. The text is overlaid on the left side of the image.

The future is often inverted

Vericiguat (now)

Omecamtiv (maybe)

Dapagliflozin (now)

# Heart Failure Update Trainee Research Competition



Winner

David Bobrowski

University of Toronto

***Statins Are Associated with Lower Risk of Heart Failure After Anthracycline and Trastuzumab Chemotherapy for Early Stage Breast Cancer***



Finalist

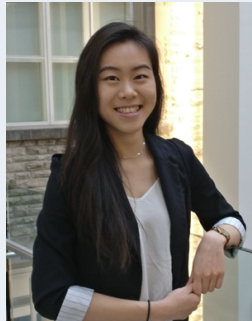
Justin Chow

McMaster University

***Pulmonary Artery Catheterization in Cardiogenic Shock: A Systematic Review and Meta-Analysis***

*Image not available.*

Finalist  
Patrick Prud'homme  
Université de Sherbrooke  
***High Sensitivity Troponin T and  
Nt-pro-BNP Prognostic Value in  
Predicting Cardiovascular  
Outcomes in Patients Undergoing  
Chronic Hemodialysis***



Finalist  
Felicia Tai  
University of Toronto  
***Prognosis of heart failure  
following cardiotoxic breast  
cancer chemotherapy:  
a retrospective population-based  
matched cohort study***